

Instructions for use –

ACUVUE® Abiliti™ Overnight Therapeutic Lenses for Myopia Management & ACUVUE® Abiliti™ Overnight Therapeutic Lenses for Myopia Management with Astigmatism



ACUVUE® Abiliti™ Overnight is further referenced in this IFU, but these instructions also apply unabbreviated to ACUVUE® Abiliti™ Overnight for Astigmatism.

GENERAL

Instructions for use for the safe and comfortable wear of ACUVUE® Abiliti™ Overnight

Congratulations on receiving your ACUVUE® Abiliti™ Overnight Therapeutic Lenses. These lenses have been manufactured (tisilfocon A) with the highest precision to give you excellent visual correction and comfort. These instructions for use will help you to obtain maximum benefit from your lenses and keep them in good condition. Read these instructions for use very carefully and keep them in a safe place. (also available at www.seeyourabiliti.com)

Package contents

In this package you will find an ACUVUE® Abiliti™ Overnight, product name and material: see package. The lens is immersed in a solution which contains PHMB. Do not use the lens if the package is damaged.

Use

The ACUVUE® Abiliti™ Overnight is suitable for use on eye during sleep for the correction of refractive myopia and for management of myopia when prescribed and managed by a qualified eye care professional. The ACUVUE® Abiliti™ Overnight is indicated as suitable for overnight wear or any schedule recommended by your qualified eye care professional. If used carefully in accordance with these instructions for use, you can wear your ACUVUE® Abiliti™ Overnight safely and reliably for 6 months.

RECOMMENDED CARE SOLUTION

- For daily use, a lens care solution approved for rigid gas permeable contact lenses is recommended for storing, cleaning, disinfecting and inserting of the lenses. Always use a fresh supply of solution.
- For (bi-)weekly use, a dedicated intensive cleaner for rigid gas permeable lenses is recommended.
- Only change the lens care solution on the advice of your eye care professional.
- Improper cleaning reduces the effects of the ACUVUE® Abiliti™ Overnight and increases the risk of corneal infection.
- When not in use, the lens should be stored in a clean lens case. Replace this lens case at least every six to twelve months.
- If your lenses are contaminated, clean them intensively with an intensive cleaner for rigid gas permeable lenses before inserting them with an appropriate insertion solution.
- Seek the advice of your qualified eye care professional if you wish to store your lenses for a longer period.

LENS CARE

- During the night, protein and debris from your tear film form deposits on your contact lenses which must then be removed using the recommended lens care solution.

- When not in use, the lenses should always be stored in a lens case filled with the recommended lens care solution. This solution disinfects your lenses and protects them from microbial contamination, reducing the risk of infection.
- The lens care solution also has a wetting effect. It coats the lens with a film of moisture which ensures greater comfort on insertion and throughout the night. It also helps to reduce build up of surface deposits.
- Please read and follow the instructions issued with your lens care solution. Always use a fresh supply of solution. Do not dilute the solution as this reduces its effectiveness.
- Always follow the regimen recommended by your eye care professional and only change solution if recommended by your eye care professional.

CONTRA INDICATIONS

Discontinue lens wear if one of the following situations occurs and contact your eye care professional:

- Any redness, inflammation or infection of the eye;
- Injury or damage to the eye;
- A painful or irritated eye;
- Any change in corneal sensitivity;
- Any disease that may adversely affect the eye;
- Any change in visual acuity.

WARNINGS

Incorrect use of contact lenses and care solution could result in serious injury to the eye. It is essential that you follow the recommendations of your eye care professional at all times.

Contact your eye care professional if you experience any eye discomfort and/or changes in corneal sensitivity or visual acuity.

Early termination of orthokeratology treatment might lead to a greater increase in axial elongation and myopia. Consult with your qualified eye care professional to determine the appropriate time to cease the orthokeratology treatment.

INSTRUCTIONS FOR USE

Your hands must be washed and dried thoroughly with antibacterial soap. Rinse thoroughly to remove any traces of hand cream, dust, dirt or fluff from the fingers, as these could end up under the lens and cause discomfort.

Try to work over a flat surface as this reduces the likelihood of the lens being lost, should it fall from your fingers. If you insert your lenses over a bathroom sink, always ensure that the plug is in place. Develop a simple routine. Always insert and remove the same lens first to prevent exchanging the right and left lenses.

ACUVUE® Abiliti™ Overnight: LENS INSERTION

Take your time inserting your ACUVUE® Abiliti™ Overnight lenses, especially at the beginning. Owing to the special back curve of the ACUVUE® Abiliti™ Overnight, it is important to use enough recommended insertion solution. The lenses will then feel immediately comfortable.

- Sit at a table and place a mirror in front of you.
- Balance the lens with the concave side up on the tip of your forefinger.
- Add a few drops of conditioning solution to the inner surface of the lens.
- Open your eye as wide as possible and open your eyelids even further.
- Bend over and look straight ahead.
- Gently place the lens in the center of the eye and blink a few times.
- Now insert the other lens in the same way.
- The lens can easily be centered if it is on the white of the eye. Locate the lens, close the eye and gently massage the lens to the center of the

eye through the eyelid.

ACUVUE® Abiliti™ Overnight: LENS REMOVAL

Add a few artificial tears to both of your eyes after waking in the morning, especially during the adaptation period. Wait five to fifteen minutes before removing the lenses. Before removing them, ensure that they move.

- Bend over, place a finger at the outer corner of the eyelid and open your eye as wide as possible.
- Now pull gently at the outer corner and blink. The lens should fall out easily. Catch the lens with your other hand. If the lens won't fall out, use a suction holder.
- Continue to use the artificial tears after the adaptation period if the lenses are difficult to remove.

WHEN THE LENS DOESN'T MOVE

Add a few artificial tears to your eye. Check again if the lens moves. If it still won't move, proceed as follows:

- Add a few more artificial tears to the eye.
- Look up and push the lower eyelid a few times against the eyeball with your forefinger, just below the lens.
- Look down and push the upper eyelid a few times against the eyeball with your forefinger, just above the lens.
- Look straight ahead and blink a few times.
- Repeat these steps until the lens moves. Only remove the lens if it moves.
- If in doubt, contact your eye care professional.

WEARING SCHEDULE

- Evenings: insert them before going to sleep.
- Mornings: remove them five to fifteen minutes after waking.
- An alternative schedule is possible, this depends on the results. Your eye care professional will advise you on this.

LENS CARE AND HYGIENE

- Always wash your hands with antibacterial soap before handling your lenses, and dry them with a lint-free towel.
- Always insert and remove your lenses carefully. Handle your lenses carefully.
- Replace your lenses if they become damaged or scratched.
- Remove any makeup before inserting your ACUVUE® Abiliti™ Overnight lenses.
- Ensure that your lenses do not come into contact with cosmetics.
- Immediately clean your lenses with the recommended lens care solution after removing them.
- Only use the solution recommended by your eye care professional.
- Never use household products to disinfect your lenses (they can seriously damage your eyes).
- Never use saliva to wet your lenses as your own bacteria are not safe.
- Never use tap water to clean, store or rinse your lenses.
- Rinse your lens case every day with the recommended lens care solution.
- ACUVUE® Abiliti™ Overnight should be maintained in a permanently wet state.
- Never use polish cleaners, such as Boston Original Cleaner and Boston Advance Cleaner.
- Follow the instructions and recommendations of your eye care professional concerning cleaning, handling and storage of your lenses carefully.
- Ensure that you attend all aftercare appointments recommended by your qualified eye care professional.
- Do not apply any kind of eye drops or other eye medication without first consulting your eye care

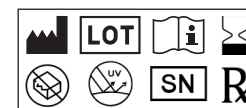
professional.

Following these instructions will help to prevent any problems with your lenses. Remove your ACUVUE® Abiliti™ Overnight if you experience pain, redness or other problems, and contact your eye care professional. If you have any questions, contact your qualified eye care professional.

WHAT YOU SHOULD KNOW

- Mnemonic: Right lens color is Red and Left lens color is bLue.
- Most ACUVUE® Abiliti™ Overnight wearers are able to see well without glasses or lenses after two or three nights' wear. The most optimal results are achieved after three weeks of wear.
- Disturbing reflections, glare and haloes in the dark may occur during the first three weeks.
- Daytime visual acuity may diminish during the first few days.
- In some cases, visual acuity may vary from day to day and between each eye.
- Following consultation with your eye care professional, you may insert your ACUVUE® Abiliti™ Overnight lenses earlier if your visual acuity diminishes in the evening.
- The best results are achieved by wearing your ACUVUE® Abiliti™ Overnight lenses every night.
- In some cases, the ACUVUE® Abiliti™ Overnight does not reach the desired effect, despite an accurate fit.
- To ensure your own safety, you must replace your ACUVUE® Abiliti™ Overnight every six months and attend an aftercare appointment with your eye care professional at least every three months.
- If you decide to discontinue ACUVUE® Abiliti™ Overnight lenses you are aware that your eyes need time to return to their original shape and vision will not be optimal. This process can take up to 3 weeks for vision to stabilize at optimal levels.
- Early termination of ACUVUE® Abiliti™ Overnight treatment might lead to a greater increase in myopia. Consult with your qualified eye care professional for the most appropriate time to cease treatment.

REMEMBER: IF IN DOUBT, REMOVE YOUR CONTACT LENSES AND CONTACT YOUR EYE CARE PROFESSIONAL



EXPLANATION OF SYMBOLS:

Manufacturer / Batch number / See instructions for use / Use-by date / Do not use if package is damaged / UV protection / Serial number / Therapeutic perscription

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